Students reflect on past year

**Freshmen**

- Name: Daniel Grim
- Major: Computer Science

- Name: Melissa Watkins
- Major: Electrical Engineering

- Name: Michael Wilk
- Major: Mechanical Engineering

**Sophomores**

- Name: Ethan Fagan
- Major: Biology

- Name: John Jones
- Major: English

**Juniors**

- Name: Kristen Carroll
- Major: International Affairs

**Seniors**

- Name: Dhaval Patel
- Major: Electrical and Computer Engineering

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This year has undoubtedly been one of much change and circumstance for Tech, which has witnessed, survived and cheered all manner of significant events.

What happened? A record high freshman enrollment made for creative housing, as dorm rooms designed for two people crowded into triples. Luckily, Tech acquired the Village this spring, which should help resolve future space issues. John Stein was appointed Dean of Students. The Library East Commons, Klaus Building and Fifth Street Bridge projects were finally completed, though more construction opened up elsewhere. WREK faced talks of commercialization and airtime takeover by PBA. The Athletic Association, mired in a sea of financial troubles, raised the student athletic fee. Star football player Calvin Johnson made a big catch—a spot in the NFL draft. Notables Al Gore all visited campus. Maya Angelou, Barack Obama and John Stein were appointed Dean of Students. The Library East Commons, which should be completed, though more construction opened up elsewhere. Street Bridge projects were finally completed, though more construction opened up elsewhere. WREK faced talks of commercialization and airtime takeover by PBA. The Athletic Association, mired in a sea of financial troubles, raised the student athletic fee. Star football player Calvin Johnson made a big catch—a spot in the NFL draft. Notables Al Gore all visited campus.

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**Play Stands Test of Time**

DramaTech’s latest production, An Enemy of the People, a 1990s Arthur Miller adaptation, proves to be a modern-day treat. Page 22

**Lady Jackets Volley a Victory**

The women’s tennis team won their 12th straight match last weekend, finishing the regular season as co-champions of the ACC conference. Page 35
ANAK
Established in 1908

The ANAK Society would like to recognize its graduating student members and retiring staff and faculty members:

David Stanley Andersen
Michael Ryan Casner
Modupe Olayinka Billie Edogun
Katherine Clair Fluke
Caroline Meagher Mahoney
Joshua Travis Mallett
Pelham David Norville
C. Crit Stuart
Clayton Patrick Tino

And to Greg Abbott for 22 years of leadership and service to the Georgia Tech Community

Thank you for your outstanding contributions to Georgia Tech.

Established in 1908, ANAK recognizes students and others for their leadership ability, personal achievement, strong character, and true love for Georgia Tech. Membership has long been considered the highest honor at Georgia Tech.
With the year winding down and finals just around the corner, many students are battling large amounts of stress as they ready themselves to push through the last rounds of studying, exams and projects.

By Sarah Turner
Contributing Writer

With dead week and finals coming around the corner, student stress levels are on the rise. “This time of year is always extremely stressful as students begin to worry about exams, projects and other end-of-year concerns. Students...are already stressed about a spectrum of issues (during the year), including dealing with social relationships [and] deciding on a profession to pursue. Final exams and projects create more pressure and worry,” said Rupert Perez, director of the Counseling Center.

Students all over campus seemed to confirm this professional assessment. “I often feel stressed late at night when I think about the tasks that I did not get around to completing during the day. Just thinking about the amount of work to be done tomorrow is enough to make me stressed,” said Julian Lewis, a second-year Management major, with his hand on his forehead.

“I feel stressed by all the projects and assignments I must complete. Any time studio assignments have an approaching deadline, you know there is a lot of work ahead of you,” said Moira Schneider, a third-year Architecture major.

Students revealed that stress can also come from being overbooked in too many clubs, organizations and other extracurriculars. “There are always so many activities occurring on Tech’s campus that I want to participate in. It is extremely important that I manage my time,” said Nagma Shaikh, a second-year Industrial Engineering major who helped plan Tech Beautification Day.

According to Perez, however, stress is not always a bad thing. In fact, a certain amount of stress is helpful, motivating and forces productivity, a fact that has even been affirmed by students themselves. “I definitely get more things done during a week that I have three tests instead of during the week where I have only one assignment because there is no time to waste,” Shaikh said.

“Some students just function better with a certain amount of stress because it is energizing for them. The important thing is to recognize when a student’s ability to cope is being tested. When this threshold is reached, then the stress being experienced has become a negative situation,” Perez said.

When this happens over and over again, students may experience physical as well as mental problems. Stress causes high blood pressure, headaches, muscle tension, difficulty breathing and serious feelings of anxiety, Perez explained. Students experiencing large amounts of stress may also begin to exhibit a lack of motivation and depression, feel trapped or confused and avoid socializing altogether by withdrawing or avoiding family and friends.

So how can Tech students cope with the stress they may experience during these last two weeks of school?

“I enjoy running around campus when I am feeling overwhelmed. I also allot time to rest in my bed, read my Bible and watch some anime on television, all of which are activities that I really enjoy,” Lewis said. Lewis also schedules his day hour-by-hour to track the tasks that need to be completed. “When I accomplish the things on my to-do list, my stress level goes down. Then, I usually take a break and relax with friends,” he said.

“I de-stress by taking a break from work to clean and organize my things. It helps me to relax because they are productive activities that are relatively easy, versus watching television which doesn’t accomplish anything. I also like to drink tea while I am working—it allows me to quit worrying and relaxes me but does not take too much time away from my studies,” Schneider said.

Shaikh believes stress by hanging out with friends and going to the CRC. “It’s important to take a break every now and then and talk with friends, whether it’s by hanging out after class or talking on the phone. I also make sure to eat and get an appropriate amount of sleep,” Shaikh said.

Perez suggested that students should manage their time, maintain beneficial study habits, eat healthily, exercise, get six to eight hours of sleep and avoid the use of alcohol or illegal substances. “If a student is feeling overwhelmed or stressed and needs help or support, he or she can always visit the Counseling Center,” Perez said.

The Counseling Center also hosts many workshops throughout the year called “StressBusters” that teach students about the basics of stress, how it affects the body and ways to develop coping mechanisms. “It is important to remember that this will all be over in a few weeks. We all just have to avoid worrying and focus and get the work done,” Schneider said.

To find more information on stress, visit the Counseling Center in the Student Services building or check out www.counseling.gatech.edu.

**Take a break from school and de-stress**

**Are you stressed?** Check out the following information from the Counseling Center about what problems stress causes and tips for avoiding it.

**Stress can lead to:**
- High blood pressure
- Headaches
- Muscle tension
- Difficulty breathing
- Serious feelings of anxiety
- Lack of motivation
- Depression

**How to avoid stress:**
- Manage your time
- Maintain good study habits
- Eat healthy
- Exercise
- Sleep 6-8 hours/night
- Limit alcohol consumption
- Avoid illegal substances

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See page 19 for more Slivers!
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Your campus bookstore, where a portion of every sale goes to Georgia Tech!
Students work late into the night in the numerous cubicles available on the third floor of the library, a popular study habitat on campus.
Amid the fever-pitch excitement of last Saturday’s rally at Tech for presidential contender Barack Obama, one face stood out from the cheering crowd—Jessie Brenton, a fourth-year Public Policy major and self-proclaimed political enthusiast who emceed the event (pictured at right).

“Politics is the driving force of everything we get to do on a daily basis. It determines everything; I believe that anyone who feels strongly about an issue should get involved in politics,” Brenton said.

A long-time Obama supporter, Brenton started following the Illinois native’s career when he won a seat in the U.S. Senate in 2004 and talk began to circulate about an exciting new senator on a meteoric rise in American politics. The more she learned, the more she liked.

“There isn’t a single issue that I don’t agree with him about, whether it’s national healthcare or stem cell research or education policy. But I didn’t choose to support him just because of the issues, because everyone addresses the same issues. I chose [to support] him because of his approach to politics. He has a ‘yes, we can’ attitude and actually makes us feel that we as a country can and will overcome the problems we’re dealing with right now,” Brenton said.

Brenton was likewise impressed by Obama’s firm stance on the Iraq war.

“He stands up for what he believes in. He voted against going into Iraq from the very beginning, even though he was just a junior senator and so many senior politicians were voting for it. Not many people did that. I think that’s brave and noteworthy,” Brenton said.

She signed up on www.mybarackobama.com to volunteer for his campaign when Obama announced he was running for the White House, but what happened afterwards was beyond her wildest dreams.

“I got an email Sunday night about an organizational meeting [for his campaign] that Tuesday. I went to the meeting, introduced myself as a Tech student [to the campaign staff] and told them that I would be happy to help in any way possible, not knowing anything would actually come of that. I was thrilled when they asked me to be a part of the program [at the Saturday rally],” Brenton said.

Apparently, the decision to have Brenton emcee the rally came as a completely unexpected surprise.

“It was such an honor. I had no idea it was even a possibility—I went into it just wanting to help,” Brenton said.

In the hectic few days leading up to the political rally, Brenton helped with assorted odd and ends, posting flyers on campus, handing out tickets to the event, making posters, putting up traffic signs and setting up barricades around Yellow Jacket Park, where Obama was to speak.

“The rally itself was an enormous success, boasting a turnout of over 20,000 people by fire marshal estimates. Brenton introduced all the speakers and performances, and finally Obama himself. She was also responsible for getting the crowd hyped up and excited, calling out a number of campaign slogans and questions.

“This was the coolest thing I’ve ever gotten to do. It’s still so surreal to me. I’m not a professional. I’m just a student, a volunteer, an amateur public speaker at best,” Brenton said.

As for the future, Brenton is optimistic about Obama’s chances.

“Right now, there’s a huge disconnect between the average citizen and the American government. Only big lobbyists and rich organizations have a voice in politics, but it [should be] ‘for the people, by the people’ and I think that’s what Obama’s about…individual people and community problems. He wants to turn a new page in politics that is about individuals,” Brenton said.
Moments 2007 provides art break

By Swain Liu
Contributing Writer

Once again, it’s that time of the semester—the time to cram, to spend sleepless nights poring over illegibly scribbled notes and preparing last-minute projects. Indeed, finals week is right around the corner, as evidenced by the more-than-usual appearance of starke faces and stiffly yawning.

Soon sunny Wednesday, the Moments 2007 Art Show was a much-needed breath of fresh air for the general student populace, which turned out in droves to view their peers’ work.

Set outside, the artwork was hung on clotheslines with clothespins or propped on easels in a gallery as natural as it is organized and sponsored by the Arts Committee of the Student Center Programs Council; the art show is a traditional Tech event that has in the past featured hundreds of pieces of student-created art from six categories: Photography, Graphic Design, Sculpture/Models, Painting, Drawing/Sketching and Mixed Media.

“Having the art show at Tech is important, because at a school like this, particularly since everyone’s so technically and scientifically focused, it’s good to have other outlets, especially artistic ones,” said Lanelle Ezzard, a second-year Civil Engineering major and chairperson of the Arts Committee. Only the second year to have the show take center stage on the grassy green lawn of Skiles Walkway, Ezzard was extremely enthused about having the show be outside rather than in its traditional location, the Ferst Center.

“We had such good feedback about the art show being outside for the first time last year so we’re doing it again. I think a huge part of that is it’s a beautiful day, people are in a good mood and there’s artwork on display,” Ezzard said.

To Nathan Johansen, a second-year Civil Engineering major and chairperson of the Arts Committee, the chance to deliver.

“I think having the art show is vital. As Tech students, we don’t really get much exposure to art and culture…”

Brien Applegate
Fifth-year CM

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**Art**

from page 19

my life [and it’s] been lacking since I arrived here at Tech. I needed my fix,” said Victoriala. a first-year Biomedical Engineering major, who submitted a haunting watercolor landscape piece and plans to submit many more works in the future.

“I like to see how people express ideas through art,” said David Chen, a first-year Industrial Engineering major who submitted three pieces.

“All my pieces are inspired by the idea that someone can use something as simple as graphite or colored oils and apply it in such a way as to grab someone’s attention,” Chen said.

One of his pieces, a colored pencil drawing of a violin on paper, was as realistic as a photograph while consisting of a bright palette of colors that would have been hard pressed to come from a camera.

Another Tech student with an artistic background who submitted work is Nick Grivas, a third-year Industrial Engineering major.

“When I was carrying the piece to the show, my friends kept asking me who drew it. They were surprised to learn that I had done it myself,” Grivas said.

He submitted a pen and ink piece entitled “Louis Armstrong,” which is just one out of a series of works he started in high school that featured famous Armstongs. However, like many aspiring artists that come to Tech, college life has not left much room for Grivas to continue his artistic endeavors.

The art show ran from 9 a.m. to 3 p.m. and was followed by a reception and an awards ceremony for the best submissions.

First-year Industrial Design major Logan Vickery won first place in Photography for his “Mechanized Time,” which captured the Decatur courthouse’s cannons in many variegated hues, ranging from turquoise to amber, in a detail shot.

“I wanted to convey a highly industrialized and mechanized feeling, while also capturing a sort of surreal aspect with all the colors,” Vickery said.

Vickery also won an honorable mention for a photograph entitled “Car 2.”

“It was a good, classy car, and I wanted to really play into the era that the car came from,” Vickery said. Both photographs were taken on an outing with Tech’s Photography Club.

Mollie Taylor, an INTA graduate student, won an honorable mention for her photographic piece, “One Way,” which captured one-way signs and lamp post combination with an intense sense of chiaroscuro.

“The light was right, and I like black and white high contrast photos, so I decided to go with it,” Taylor said.

Winner of first place as well as honorable mention in the Sculpture/Models category, Trip Walters, a sixth-year Mechanical Engineering major, presented a moody tableau of his original pottery works, which ranged from tea set pieces to assortments of stunningly glazed ceramic jars. His first place piece, a cute creamer entitled “Tea Time,” was glazed and fired in unpredictable high heat, and it caught the giggles and croon of many a pleased viewer.

“Pottery’s a great way to release frustration and tension, especially after a big test or something like that. It’s just really fun,” Walters said.

Another of his pieces and winner of an honorable mention, was a glossy glazed jar of sorts, which Walters decided was for dark chocolate and entitled on the spot, “The Brazen Dental Creation That Just Came Out,” glaze was really more of an accident.

Of antique cooking or tea sets. The glaze was really more of an accidental creation that just came out,” Walters said.

So, come and gone, the Moments ’07 Art Show was a great success, full of fun and awe. The only thing left to be said is that perhaps in coming years, the show can run for a little longer for those who might not have had a chance to wholly enjoy the event.

For more information about future arts events, check out the Student Center Programs Council at www.fun.gatech.edu.

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**Weekly Activities**

**SUMMER HOURS**

**TECH REC**
Mon. - Thur. 11:30 a.m. - 9 p.m.
Friday - 11:30 a.m. - 10 p.m.
Saturday - 2 p.m. - 10 p.m.
Sunday - Closed
Closed April 28 - May 21, 2007

**MLR**
Mon. - Fri. 10 a.m. - 4 p.m.
Saturday & Sunday - Closed

**CRAFT CENTER**
Mon. - Thur. 12 p.m. - 8 p.m.
Fri. - Sun. 12 p.m. - 5 p.m.

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**BACK BY POPULAR DEMAND**

**MIDNIGHT BREAKFAST**
Free Full Breakfast for GT Students

Tuesday of Final Exams Week
10:00 p.m. - 12:00 midnight
Student Center Food Court

- For guaranteed admission, get a timed ticket in the Student Center Programs Area by 4:30 p.m. on event day.
- Some walk-ins will be admitted as food supplies allow.

Servers: Campus Faculty and Staff Members

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A student takes a minute to enjoy the art at the Moments 2007 show, which ran this past Wednesday and featured work by Tech artists.